

FALL 2018

Hilton Head Dental Team

Dr. Julie Camp-Tome ~ Dr. Ben Wietecha ~ Dr. Glenn Barker



Botox can be used for treating TMD

Many People experience pain and soreness in their jaw and face and are not sure why? Bruxism, "grinding of the teeth" or TMJ disorder is very common and should be treated. Some common treatments for these problems are night guards and medication. Many times patients still have severe pain. Botox injections in 3 or more spots have made a huge difference for many of our patients. Patients also state that they have seen many different specialists to treat the problem without results. Most all of our patients that have these injections are very happy and notice the results very soon. It is a simple 30 minute appointment for treatment. If you have any questions about this procedure schedule a no charge consult and see if you are a candidate for this treatment.

BOTOX[®]
—Cosmetic

Botox
\$11.00 a unit for the month of November.
\$2.00 off regular price of \$13.00 a unit

ZOOM!
Professional Teeth Whitening

Zoom Whitening
\$375.00 with bleaching trays (\$175.00 off regular price of \$550.00)



Opalescence Whitening Toothpaste
\$10.00

Try our new Opalescence Whitening Toothpaste in original or sensitivity today.

Try one of the new WaterPik Flossers Today!!



WATER FLOSSER

\$45.00

Original tabletop flosser



CORDLESS ADVANCED

\$85.00

Handheld and water proof- great in the shower



SIDE KICK TRAVEL

\$100.00

Compact packaging for travel

Help us welcome our new dental assistant, Temica!!

Temica is a native of SC, born and raised in Conway. She is the youngest of 4 siblings. In 2013 she decided to follow her dream and attend Triple A School of Dental Assisting in Sanford, FL where she graduated with her Dental Assistant Certificate. She now resides in Savannah, GA along with her 2 sons Ty'lik age 12 and Ja'Marie age 7, who play little league football for the C-Hawks. After working in a few different practices she decided Hilton Head Dental Team would be a great fit to finish her career. She says she already feels like it's her family away from family and she has begun looking for a new residence in Bluffton. Temica is a very loving and compassionate person, hard worker and always on the go. She will try to find something positive out of every situation. Her favorite phrase is "When life throws you lemons, you make lemonade". In her spare time she likes to be the life of the party, make jokes, spend time learning new dance moves from her boys and make baskets to give to the less fortunate.



Ask about our new Opalescence Boost Whitening System!!

\$250.00

Boost Whitening is an in office whitening that allows patients to whiten their teeth in less time with less sensitivity. It is 2-twenty minute sessions that requires no light and is not as claustrophobic.



PUMPKIN COOKIES

Ingredients:

1/2 c. Shortening	1 c. White Sugar
1 c. Pumpkin Puree	1 tsp. Vanilla Extract
2 c. All-Purpose Flour	1/4 tsp. Salt
1 tsp. Baking Soda	1 tsp. Baking Powder
1 tsp. Ground Cinnamon	1 1/2 c. Butterscotch Chips

Directions:

1. Preheat oven to 350 degrees. Grease cookie sheets.
2. In a medium bowl, cream the shortening and sugar. Stir in the pumpkin and vanilla. Sift together the flour, salt, baking soda, baking powder and cinnamon; stir into the creamed mixture. Then mix in the butterscotch chips. Drop dough by teaspoonfuls onto the prepared cookie sheets.
3. Bake for 8 to 10 minutes in preheated oven. Allow cookies to cool.

